SPECIALIZED RECREATION SERVICES

Definition: Specialized recreation services are services that provide unique forms of

activities designed to increase physical activity, promote socialization, and to provide recreational opportunities. Specialized recreation services may include services such as health club memberships, equestrian therapy, ballet, karate,

swimming, music lessons or therapy, art, and gymnastics.

Guidelines: In most cases, recreation is considered the responsibility of the client and/or family. Far Northern Regional Center (FNRC) may fund specialized recreation

services under the following conditions:

1. The need for the service is identified in the Individual Program Plan (IPP).

- 2. The need for this service must directly relate to the diagnosis or criteria that qualified the individual for regional center services.
- 3. The client and/or family is unable to provide the needed specialized recreation services.
- 4. All generic sources of funding have been exhausted.

Generic or public resources have been considered.

- a. In Home Supportive Services (IHSS) is exempt in this section. FNRC does not require families to exhaust IHSS hours before funding Specialized Recreation Therapy.
- 5. For this service to be reauthorized, the client must show a consistent pattern of attendance or participation.

Amount Purchased: Usual and Customary

Approval Associate Director of Client Services **Authority:**